



April 27, 2009

Dear Parents:

Given the media reports surrounding Swine Flu, you probably have concerns about what the district is doing to limit any exposure to the illness. Over the past few years, the California Department of Education has maintained ongoing communications with all districts regarding the spread of infectious illness. Today, we have been working with state, county and city officials to insure that we have the most up to date information regarding the Swine Flu. Through our comprehensive safety plan, Davis Joint Unified has established protocols to communicate potential exposure, limit the spread of infection and safeguard all our students. Currently, there are no Swine Flu cases identified in Yolo County.

As with any public health emergency, infectious disease experts emphasize that we all can take steps to safeguard our health. Simple steps include:

- ✓ Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- ✓ Stay home when you are sick - stay home or keep your children home at least 24 hours after last sign of fever.
- ✓ Cover your mouth and nose. Cover your mouth and nose with your sleeve when coughing or sneezing. It may prevent those around you from getting sick.
- ✓ Clean your hands. Washing your hands often will help protect you from germs.
- ✓ Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- ✓ Practice other good health habits: Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

The Yolo County Health Department Health Officer is the legally designated lead for local health emergencies. Their link is www.yolocounty.org/Index.aspx?page=79. The Center for Disease Control (CDC) also has the valuable information on Swine Flu. Their website at http://www.cdc.gov/swineflu/investigation.htm?s_cid=swineFlu_outbreak_002.

Representatives of the Davis Joint Unified School District are monitoring the status of the Swine Flu and will continue to be in communication with you as the situation demands.

Sincerely,

Pamela Mari - Director of Student Services